



2023-2024 All Star Age Grid & Divisions

April 12, 2023

All Star Elite Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|---------------|-----------|----------------------|-----------------|----------------|
| 2016-2018 | Level 1 | Tiny** | Female/Male | 5-31 Athletes |
| 2014-2018 | Level 1 | Mini | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 1 | Youth | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 1 | Junior | Female/Male | 5-31 Athletes |
| 6/1/04-2011 | Level 1 | Senior | Female/Male | 5-31 Athletes |
| 2014-2018 | Level 2 | Mini | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 2 | Youth | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 2 | Junior | Female/Male | 5-31 Athletes |
| 6/1/04-2011 | Level 2 | Senior | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 3 | Youth | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 3 | Junior | Female/Male | 5-31 Athletes |
| 6/1/04-2011 | Level 3 | Senior | No Males | 5-31 Athletes |
| 6/1/04-2011 | Level 3 | Senior Coed | 1 or More Males | 5-31 Athletes |
| 2011-2015 | Level 4 | Youth | Female/Male | 5-31 Athletes |
| 2007-2016 | Level 4 | Junior | Female/Male | 5-31 Athletes |
| 6/1/04-2011 | Level 4 | Senior | No Males | 5-31 Athletes |
| 6/1/04-2011 | Level 4 | Senior Coed | 1 or More Males | 5-31 Athletes |
| 2007-2016 | Level 4.2 | Junior | Female/Male | 5-31 Athletes |
| 06/01/04-2011 | Level 4.2 | Senior | No Males | 5-31 Athletes |
| 06/01/04-2011 | Level 4.2 | Senior Coed | 1 or More Males | 5-31 Athletes |
| 2011-2015 | Level 5 | Youth | Female/Male | 5-38 Athletes |
| 2007-2015 | Level 5 | Junior | Female/Male | 5-38 Athletes |
| 6/1/04-2011 | Level 5 | Senior | No Males | 5-38 Athletes |
| 6/1/04-2011 | Level 5 | Senior Coed | 1 or More Males | 5-38 Athletes |
| 2007-2014 | Level 6 | Junior | No Males | 5-38 Athletes |
| 2007-2014 | Level 6 | Junior Coed | 1 or More Males | 5-38 Athletes |
| 6/01/04-2010 | Level 6 | Senior XSmall** | No Males | 5-16 Athletes |
| 6/01/04-2010 | Level 6 | Senior Small** | No Males | 17-22 Athletes |
| 6/01/04-2010 | Level 6 | Senior Medium** | No Males | 23-30 Athletes |
| 6/01/04-2010 | Level 6 | Senior Large** | No Males | 31-38 Athletes |
| 6/01/04-2010 | Level 6 | Senior XSmall Coed** | 1-2 Males | 5-16 Athletes |
| 6/01/04-2010 | Level 6 | Senior Small Coed** | 1-5 Males | 5-22 Athletes |
| 6/01/04-2010 | Level 6 | Senior Medium Coed** | 1-8 Males | 5-30 Athletes |
| 6/01/04-2010 | Level 6 | Senior Large Coed** | 1-19 Males | 5-38 Athletes |

We have combined International Open Divisions with Senior Open Divisions to eliminate divisions with similar requirements.

**Divisions NOT offered at The Allstar World Championship.

*All athletes must be born within the birth year listed on the age grid.

(Example: if the required birth year is 2007, the athlete's birth date must be January 1, 2007 - December 31, 2007.

For senior level divisions, an athlete's birthday must fall between June 1, 2004 and December 2010/2011 depending on the division.



2023-2024 All Star Age Grid & Divisions

April 12, 2023

All Star International Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|----------------|---------|----------------------------------|-----------------|----------------|
| 2006-2014 | Level 1 | U17 | Female/Male | 10-24 Athletes |
| 2004-2010 | Level 1 | U19 | Female/Male | 10-24 Athletes |
| 2006-2014 | Level 2 | U17 | Female/Male | 10-24 Athletes |
| 2004-2010 | Level 2 | U19 | Female/Male | 10-24 Athletes |
| 2006-2014 | Level 3 | U17 | Female/Male | 10-24 Athletes |
| 2004-2010 | Level 3 | U19 | Female/Male | 10-24 Athletes |
| 2004-2010 | Level 3 | U19 Coed | Female/Male | 10-24 Athletes |
| 2006-2014 | Level 4 | U17 | Female/Male | 10-24 Athletes |
| 2006-2014 | Level 4 | U17 Coed | Female/Male | 10-24 Athletes |
| 2004-2010 | Level 4 | U19 | No Males | 10-24 Athletes |
| 2004-2010 | Level 4 | U19 Coed | 1 or More Males | 10-24 Athletes |
| 2009 or Before | Level 4 | International Open | Female/Males | 10-24 Athletes |
| 2009 or Before | Level 4 | International Open Coed | 1 or More Males | 10-24 Athletes |
| 2009 or Before | Level 5 | International Open | No Males | 10-31 Athletes |
| 2009 or Before | Level 5 | International Open Coed | 1 or More Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open** | No Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open Small Coed** | 1-4 Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open Large Coed** | 5-16 Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open Global** | No Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open Global Coed** | 1-16 Males | 10-31 Athletes |
| 2007 or Before | Level 7 | International Open** | No Males | 10-31 Athletes |
| 2007 or Before | Level 7 | International Open Small Coed** | 1-4 Males | 10-31 Athletes |
| 2007 or Before | Level 7 | International Open Large Coed** | 5-16 Males | 10-31 Athletes |

Non-Tumbling/All Building Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|----------------|---------|----------------------------------|-----------------|----------------|
| 2009 or Before | Level 4 | International Open NT | No Males | 10-31 Athletes |
| 2009 or Before | Level 4 | International Open Coed NT | 1 or More Males | 10-31 Athletes |
| 2009 or Before | Level 5 | International Open NT | No Males | 10-31 Athletes |
| 2009 or Before | Level 5 | International Open Coed NT | 1 or More Males | 10-31 Athletes |
| 2009 or Before | Level 6 | International Open NT | No Males | 10-22 Athletes |
| 2009 or Before | Level 6 | International Open Small Coed NT | 1-4 Males | 10-22 Athletes |
| 2009 or Before | Level 6 | International Open Large NT | No Males | 23-38 Athletes |
| 2009 or Before | Level 6 | International Open Large Coed NT | 5-20 Males | 23-38 Athletes |

**Divisions NOT offered at The Allstar World Championship. *All athletes must be born within the birth year listed on the age grid.
(Example: if the required birth year is 2009, the athlete's birth date must be January 1, 2009 - December 31, 2009.)



2023-2024 All Star Age Grid & Divisions

April 12, 2023

All Star Prep Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|-------------|-----------|-------------|-------------|---------------|
| 2016-2018 | Level 1.1 | Tiny Prep | Female/Male | 5-31 Athletes |
| 2014-2018 | Level 1.1 | Mini Prep | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 1.1 | Youth Prep | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 1.1 | Junior Prep | Female/Male | 5-31 Athletes |
| 6/1/04-2013 | Level 1.1 | Senior Prep | Female/Male | 5-32 Athletes |
| 2014-2018 | Level 2.1 | Mini Prep | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 2.1 | Youth Prep | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 2.1 | Junior Prep | Female/Male | 5-31 Athletes |
| 6/1/04-2013 | Level 2.1 | Senior Prep | Female/Male | 5-31 Athletes |
| 2014-2018 | Level 2.2 | Mini Prep | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 2.2 | Youth Prep | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 2.2 | Junior Prep | Female/Male | 5-31 Athletes |
| 6/1/04-2013 | Level 2.2 | Senior Prep | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 3.1 | Youth Prep | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 3.1 | Junior Prep | Female/Male | 5-31 Athletes |
| 6/1/04-2013 | Level 3.1 | Senior Prep | Female/Male | 5-31 Athletes |
| 2011-2018 | Level 3.2 | Youth | Female/Male | 5-31 Athletes |
| 2007-2017 | Level 3.2 | Junior | Female/Male | 5-31 Athletes |
| 6/1/04-2013 | Level 3.2 | Senior | Female/Male | 5-31 Athletes |



2023-2024 All Star Age Grid & Divisions

April 12, 2023

All Star Novice Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|-------------|---------------------------|---------------|-------------|-------------|
| 2016-2020 | Level 1 with restrictions | Tiny Novice | Female/Male | 3+ Athletes |
| 2014-2018 | Level 1 with restrictions | Mini Novice | Female/Male | 5+ Athletes |
| 2011-2018 | Level 1 with restrictions | Youth Novice | Female/Male | 5+ Athletes |
| 2007-2017 | Level 1 with restrictions | Junior Novice | Female/Male | 5+ Athletes |
| 6/1/04-2013 | Level 1 with restrictions | Senior Novice | Female/Male | 5+ Athletes |
| 2014-2018 | Level 2 with restrictions | Mini Novice | Female/Male | 5+ Athletes |
| 2011-2018 | Level 2 with restrictions | Youth Novice | Female/Male | 5+ Athletes |
| 2007-2017 | Level 2 with restrictions | Junior Novice | Female/Male | 5+ Athletes |
| 6/1/04-2013 | Level 2 with restrictions | Senior Novice | Female/Male | 5+ Athletes |
| 2011-2018 | Level 3 with restrictions | Youth Novice | Female/Male | 5+ Athletes |
| 2007-2017 | Level 3 with restrictions | Junior Novice | Female/Male | 5+ Athletes |
| 6/1/04-2013 | Level 3 with restrictions | Senior Novice | Female/Male | 5+ Athletes |

All Star CheerAbilities Divisions

| Birth Year | Level | Division | FEMALE/MALE | TEAM SIZE |
|----------------|---------------------------|------------|-------------|-------------|
| 2019 or Before | Level 1 with restrictions | Novice | Female/Male | 3+ Athletes |
| 2019 or Before | Level 2 with restrictions | Elite | Female/Male | 3+ Athletes |
| 2019 or Before | Level 2 with restrictions | Exhibition | Female/Male | 3+ Athletes |

****All Star CheerAbilities will always perform for FREE at all Open Championship Events****



2023-2024 Competitive Rec Age Grid & Divisions

2:30 TIME LIMIT ALL MUSIC ROUTINE

**ALL GENDERS ALLOWED IN ALL DIVISIONS
ALL TEAM SIZES ARE 5-36 FOR ALL DIVISIONS**

| | Level 1 | Level 2.1 | Level 2 | Level 3.1 | Level 3 | Level 4 |
|--------------|---------|-----------|---------|-----------|---------|---------|
| 6U | X | | | | | |
| 8U | X | X | X | | | |
| 10U | X | X | X | | | |
| 12U | X | X | X | X | X | |
| 14U | X | X | X | X | X | X |
| 10-18 | X | X | X | X | X | X |

REQUIREMENTS

- NON - PROFIT ASSOCIATED WITH AND GOVERNED BY AN ORGANIZATION. EXAMPLES INCLUDE BUT NOT LIMITED TO YMCA, BOYS & GIRLS CLUB, POP WARNER, OR CITY PARKS & REC PROGRAM.
- MUST NOT BE AFFILIATED WITH AN ALL STAR TEAM
- IF THE TEAM IS NOT ASSOCIATED WITH AN ORGANIZATION LIKE THE EXAMPLES LISTED ABOVE THEY MUST BE INDEPENDENTLY OPERATED BUT STILL CANNOT BE ASSOCIATED WITH AN ALLSTAR PROGRAM.
- COMPETITIVE REC PROGRAMS CAN CHEER FOR SPORTS PROGRAMS BUT ARE NOT REQUIRED AS LONG AS THE ABOVE RULES ARE MET.



2023-2024 Competitive Rec Age Grid & Divisions

BIRTH YEAR TO DETERMINE ELIGIBILITY

6U - 2016 and Later

8U - 2014 and Later

10U - 2012 and Later

12U - 2010 and Later

14U - 2008 and Later

10-18 years old (6/01/2004) - 2013

COMPETITIVE REC 2023-2024 AGE GRID

| BIRTH YEAR | DIVISIONS | | | | | | |
|----------------|-----------|----|-----|-----|-----|-------|---|
| | 6U | 8U | 10U | 12U | 14U | 10-18 | |
| 2016 AND LATER | X | X | X | X | X | | |
| 2015 | | X | X | X | X | | |
| 2014 | | X | X | X | X | | |
| 2013 | | | | X | X | X | X |
| 2012 | | | | X | X | X | X |
| 2011 | | | | | X | X | X |
| 2010 | | | | | X | X | X |
| 2009 | | | | | | X | X |
| 2008 | | | | | | X | X |
| 2007 | | | | | | | X |
| 2006 | | | | | | | X |
| 2005 | | | | | | | X |
| 2004 | | | | | | | X |



School Age Grid & Divisions

COMPETITIVE DIVISIONS

| DIVISIONS | GRADE | FEMALE/MALE | TEAM SIZE |
|----------------|--------------------|------------------|----------------|
| Elementary | 6th Grade & Below | Female/Male | 5-30 Athletes |
| Small JH/MS | 9th Grade & Below | Female/Male | 5-16 Athletes |
| Large JH/MS | 9th Grade & Below | Female/Male | 17-30 Athletes |
| Small FR/JV | 11th Grade & Below | Female/Male | 5-16 Athletes |
| Large FR/JV | 11th Grade & Below | Female/Male | 17-30 Athletes |
| XSmall Varsity | 9th - 12th Grade | Female | 5-11 Athletes |
| Small Varsity | 9th - 12th Grade | Female | 12-16 Athletes |
| Medium Varsity | 9th - 12th Grade | Female | 17-23 Athletes |
| Large Varsity | 9th - 12th Grade | Female | 24-30 Athletes |
| Small Coed | 9th - 12th Grade | Female/1-4 Males | 5-30 Athletes |
| Large Coed | 9th - 12th Grade | Female/5+ Males | 5-30 Athletes |

Non-Tumbling

| | | | |
|----------------|--------------------|------------------|----------------|
| JH/MS | 9th Grade & Below | Female/Male | 5-30 Athletes |
| FR/JV | 11th Grade & Below | Female/Male | 5-30 Athletes |
| XSmall Varsity | 9th - 12th Grade | Female | 5-11 Athletes |
| Small Varsity | 9th - 12th Grade | Female | 12-16 Athletes |
| Medium Varsity | 9th - 12th Grade | Female | 17-23 Athletes |
| Large Varsity | 9th - 12th Grade | Female | 24-30 Athletes |
| Small Coed | 9th - 12th Grade | Female/1-4 Males | 5-30 Athletes |
| Large Coed | 9th - 12th Grade | Female/5+ Males | 5-30 Athletes |

Non-Building

| | | | |
|---------------|--------------------|-------------|----------------|
| JH/MS | 9th Grade & Below | Female/Male | 5-30 Athletes |
| FR/JV | 11th Grade & Below | Female/Male | 5-30 Athletes |
| Small Varsity | 9th - 12th Grade | Female/Male | 5-16 Athletes |
| Large Varsity | 9th - 12th Grade | Female/Male | 17-30 Athletes |



School Age Grid & Divisions

GAME TIME DIVISIONS

| DIVISIONS | GRADE | FEMALE/MALE | TEAM SIZE |
|-----------|-------|-------------|-----------|
|-----------|-------|-------------|-----------|

| | | | |
|----------------|--------------------|------------------|----------------|
| Elementary | 6th Grade & Below | Female/male | 5-30 Athletes |
| JH/MS | 9th Grade & Below | Female/Male | 5-30 Athletes |
| FR/JV | 11th Grade & Below | Female/Male | 5-30 Athletes |
| XSmall Varsity | 9th - 12th Grade | Female | 5-11 Athletes |
| Small Varsity | 9th - 12th Grade | Female | 12-16 Athletes |
| Medium Varsity | 9th - 12th Grade | Female | 17-23 Athletes |
| Large Varsity | 9th - 12th Grade | Female | 24-30 Athletes |
| Small Coed | 9th - 12th Grade | Female/1-4 Males | 5-30 Athletes |
| Large Coed | 9th - 12th Grade | Female/5+ Males | 5-30 Athletes |

Non-Tumbling

| | | | |
|----------------|--------------------|------------------|----------------|
| JH/MS | 9th Grade & Below | Female/Male | 5-30 Athletes |
| FR/JV | 11th Grade & Below | Female/Male | 5-30 Athletes |
| XSmall Varsity | 9th - 12th Grade | Female | 5-11 Athletes |
| Small Varsity | 9th - 12th Grade | Female | 12-16 Athletes |
| Medium Varsity | 9th - 12th Grade | Female | 17-23 Athletes |
| Large Varsity | 9th - 12th Grade | Female | 24-30 Athletes |
| Small Coed | 9th - 12th Grade | Female/1-4 Males | 5-30 Athletes |
| Large Coed | 9th - 12th Grade | Female/5+ Males | 5-30 Athletes |

Non-Building

| | | | |
|---------------|--------------------|-------------|----------------|
| JH/MS | 9th Grade & Below | Female/Male | 5-30 Athletes |
| FR/JV | 11th Grade & Below | Female/Male | 5-30 Athletes |
| Small Varsity | 9th - 12th Grade | Female/Male | 5-16 Athletes |
| Large Varsity | 9th - 12th Grade | Female/Male | 17-30 Athletes |